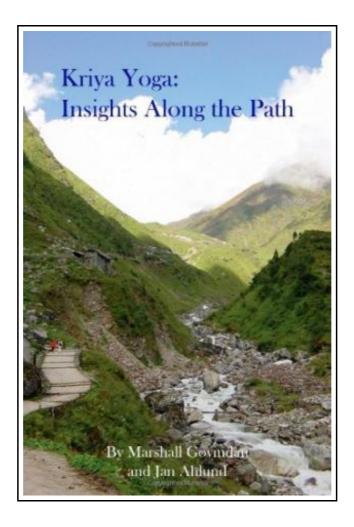
Kriya Yoga: Insights Along the Path



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Reviews

Without doubt, this is actually the greatest work by any writer. It is actually writter in simple terms instead of confusing. I found out this ebook from my i and dad recommended this pdf to understand. (Kristy Dicki)

KRIYA YOGA: INSIGHTS ALONG THE PATH



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Kriya Yoga Publications. Paperback. Book Condition: new. BRAND NEW, Kriya Yoga: Insights Along the Path, Marshall Govindan, Jan Ahlund, "My wife, Jan Durga Ahlund and I have recognised for many years the need for a book that would explain to both those interested in learning Kriya Yoga and those already embarked on its path, why they should practice it, what are the difficulties, and how to overcome them. We believe that this book will help prepare everyone for the challenges and opportunities that Kriya Yoga provides. Every one of us faces the resistance of our human nature, ignorance as to our true identity, and karma, the consequences of years of conditioning by our thoughts, words and actions. By cultivating aspiration for the Divine, rejecting egoism and its manifestations, and surrendering to our higher Self, pure Witness consciousness, we can overcome this resistance, our karma and the many obstacles on the path. But, to do so, we need much support and insight along the way." (Marshall Govindan and Jan Ahlund).



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