



Basic Knitting & Crocheting for Today's Woman: 14 Projects to Soothe the Mind & Body

By Anita Closic

Schiffer Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, Basic Knitting & Crocheting for Today's Woman: 14 Projects to Soothe the Mind & Body, Anita Closic, This knitting/crocheting book offers fourteen projects that are fun to make, while allowing the knitter to escape the stresses of the day. Using basic knitting and crocheting techniques, make throws, baby wraps, meditative yoga mats, a table runner, scarves, baby blankets, wrist warmers, and pillows. As the stitches unfold into an amazing art form, the warm colours will help soothe the mind and body. Design patterns are broken down, row by row, in easy-to-follow instructions. The use of colour, combined with the ease of the designs and the pattern stitches, provide knitters and crocheters of all skill levels a chance to unwind as they complete these wonderfully colourful yet simple projects.



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Reviews

The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).

-- **Daren Raynor II**

It in a of my personal favorite book. This is certainly for anyone who statte there had not been a worth studying. I found out this ebook from my i and dad advised this pdf to learn.

-- **Delphine Lebsack**