



Winning Goalkeeper Training

By Bob Barry, Robert Parr, Michelle Parr

Reedswain. Paperback / softback. Book Condition: new. BRAND NEW, Winning Goalkeeper Training, Bob Barry, Robert Parr, Michelle Parr, Winning Goalkeeper Training is a comprehensive guide to understanding all aspects of goalkeeping, including keeper-specific fitness, goalkeeping technique, goalkeeping tactics, and other functional training methods that integrate the keeper into full-team training. The book also features more than 200 illustrations.



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Reviews

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-- **Dr. Haylee Grimes PhD**

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