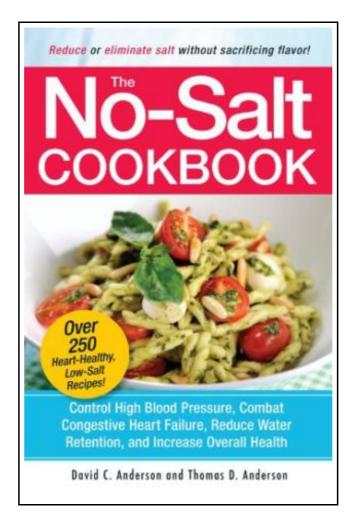
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THE NO-SALT COOKBOOK: REDUCE OR ELIMINATE SALT WITHOUT SACRIFICING FLAVOUR



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