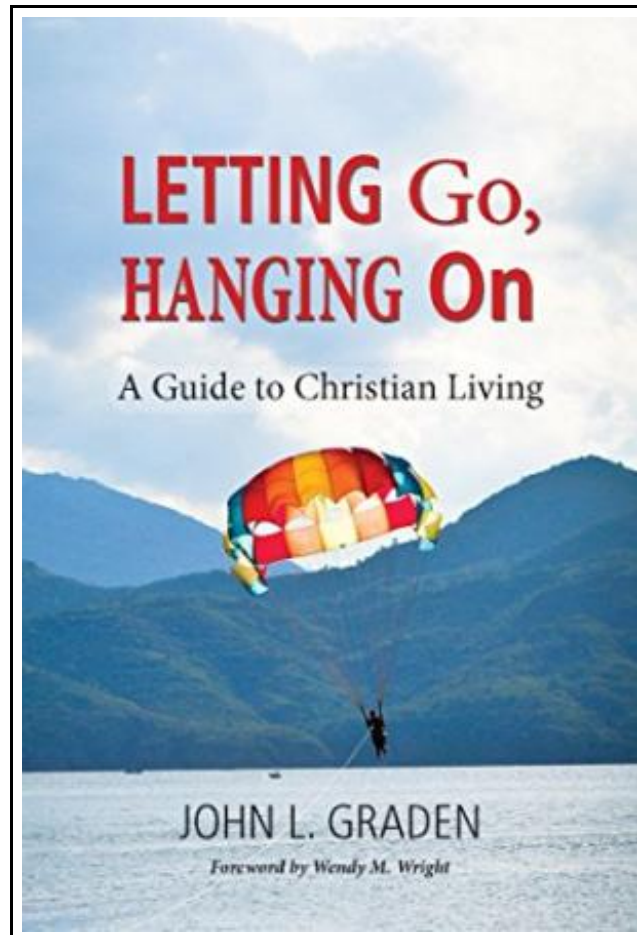


## Letting Go, Hanging on: A Guide for the Spiritual Journey



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