



Gluten-Free Baking Cookbook: Delicious and Healthy, 100 Gluten-Free Cake Bake Recipes You Will Love (Paperback)

By Kira Novac

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Gluten Free Baking Made Easy, Delicious and Fun! You Are Just about to Discover Delicious and Healthy 100 Gluten-Free Cake Bake Recipes You and Your Family Will Love. - Find out how much variety you can ENJOY on a gluten-free diet so that you never feel deprived again. - Your guide to eating healthy and gluten-free while keeping your taste buds satisfied! Why shall I learn gluten-free baking recipes? Because the gluten-free diet has become more popular of late, gluten-free versions of many processed foods are becoming more widely available. Of course, these foods are often much more expensive than the regular version with some products costing double (or more) the price of the traditional version. Many people who switch to the gluten-free diet without doing their research (especially those who don't have a medical necessity for following the diet) do not realize that gluten-free versions of processed foods are still processed foods - they can still be full of artificial ingredients and bad for health. Just because something is marketed as gluten-free doesn't...



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