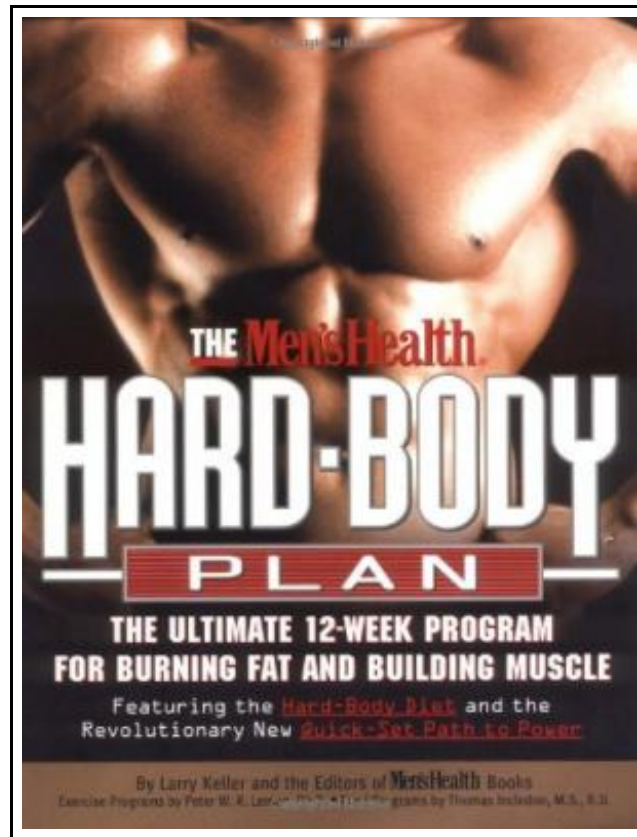


The Mens Health Hard Body Plan: The Ultimate 12-Week Program for Burning Fat and Building Muscle



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